

Shiva Gopalan



Qualifications:

BHSC Physiotherapy

Diploma Management

Cert IV Frontline Management

Cert IV Training and Assessment

Title: Wellness and Lifestyle Manager (W&LM)

Position description: The purpose of this role is to provide support and to monitor and implement appropriate systems and processes to enable [Warrigal](#) to promote choice, independence, happiness and connectedness with the community. The W&LM promotes an active living approach through the utilisation of teams such as physiotherapy services and recreational activities officers.

Collaboration with UOW: Shiva has been involved in participating in and assisting to facilitate research (Environmental modifications and physical activity (EMPA) and through UOW, accepting and supervising students and involved in research forums through UOW including the ENWARE innovation workshop and the Enabilise Research Project. Although Shiva is not always directly involved with this [Warrigal](#) accepts a number of Wollongong University students for placement including: Endorsed enrolled Nurses, registered nurses, Public health etc.