School of Nursing & Midwifery

GHMB989: Mental Health Nursing: Clinical Principles and Practice

Subject Outline
Spring 2014/Autumn 2015
Distance
Wollongong

Subject Information
Credit Points: 12
Pre-requisite(s): Nil
Co-requisite(s): Nil
Restrictions: Nil
Contact Hours: Online no attendance requirements

Subject Contacts
Subject Coordinator/Lecturer

<table>
<thead>
<tr>
<th>Name:</th>
<th>Dr Susan Sumskis</th>
</tr>
</thead>
<tbody>
<tr>
<td>Location:</td>
<td>Wollongong, Building 41, Room 220</td>
</tr>
<tr>
<td>Telephone:</td>
<td>61 2 4221 3470</td>
</tr>
<tr>
<td>Email:</td>
<td><a href="mailto:sue_liersch@uow.edu.au">sue_liersch@uow.edu.au</a></td>
</tr>
<tr>
<td>Consultation mode and times:</td>
<td>Email for appointment.</td>
</tr>
</tbody>
</table>

Student Support and Advice
For general enquiries please contact SMAH Central:

Location: 41.152
Telephone: 61 2 4221 3492
Email: smah-students@uow.edu.au
# Table of Contents

Section A: General Information ............................................................................................................... 3
   Subject Learning Outcomes .................................................................................................................. 3
   Subject Description ............................................................................................................................... 3
   Graduate Qualities ............................................................................................................................... 3
   eLearning Space ................................................................................................................................. 3
   Lecture, Tutorial, Laboratory Times .................................................................................................... 3
   Readings, References and Materials .................................................................................................. 4
      Textbooks: ....................................................................................................................................... 4
      Prescribed Readings (includes eReadings): ................................................................................... 4
      Materials: ......................................................................................................................................... 4
      Recommended Readings: .................................................................................................................. 4
   Recent Changes to this Subject .......................................................................................................... 4
   List of Topics Covered .......................................................................................................................... 4

Section B: Assessment ............................................................................................................................... 5
   Assessment Summary .......................................................................................................................... 5
   Details of Assessment Tasks ............................................................................................................... 5
   Minimum Requirements for a Pass in this Subject ............................................................................. 6
      Minimum Student Attendance and Participation: ............................................................................ 6
   Scaling: ................................................................................................................................................ 6
   Late Submission: ................................................................................................................................. 6
      Late Submission Penalty: ................................................................................................................ 6
   Supplementary Assessments .............................................................................................................. 7
   System of Referencing Used for Written Work ................................................................................... 7
   Use of Internet Sources ...................................................................................................................... 7
   Plagiarism............................................................................................................................................. 7
   Submission of Assignments ................................................................................................................ 8
   Assessment Return ............................................................................................................................... 8

Section C: General Advice .......................................................................................................................... 9
   University Policies ............................................................................................................................... 9
   Student Support Services and Facilities ............................................................................................. 9
   Student Etiquette.................................................................................................................................. 9
   Version Control Table ....................................................................................................................... 10
Section A: General Information

Subject Learning Outcomes

On completion of this subject, students should be able to:

1. Demonstrate a comprehensive nursing assessment in a mental health setting
2. Understand the role of classification and appreciate current issues
3. Describe the diagnostic criteria for the major mental health disorders
4. Demonstrate an understanding of contemporary issues in mental health care, including mental health across the lifespan, the meaning of recovery, physical health, legal issues, current treatment, models of mental health care and culturally competent mental health care.

Subject Description

This subject is a core component of the Postgraduate Certificate and Masters Degree in Mental Health Nursing. It will provide a broad perspective into contemporary nursing assessment and planning of care with people who experience mental health conditions. It will also provide understanding of contemporary issues in mental health care, including adopting a recovery focus, understanding care through the lifespan, suicide prevention and intervention, co-morbidity, physical health and cultural considerations.

Graduate Qualities

The University of Wollongong has developed five graduate qualities (http://www.uow.edu.au/student/qualities/index.html), which it considers express valuable qualities that are essential for UOW graduates in gaining employment and making an important contribution to society and their chosen field. Student development of the following graduate qualities will be enhanced by their participation in this subject:

1. **Informed**: Have a sound knowledge of an area of study or profession and understand its current issues, locally and internationally. Know how to apply this knowledge. Understand how an area of study has developed and how it relates to other areas.
2. **Independent learners**: Engage with new ideas and ways of thinking and critically analyse issues. Seek to extend knowledge through ongoing research, enquiry and reflection. Find and evaluate information, using a variety of sources and technologies. Acknowledge the work and ideas of others.
3. **Problem solvers**: Take on challenges and opportunities. Apply creative, logical and critical thinking skills to respond effectively. Make and implement decisions. Be flexible, thorough, innovative and aim for high standards.
4. **Effective communicators**: Articulate ideas and convey them effectively using a range of media. Work collaboratively and engage with people in different settings. Recognise how culture can shape communication.
5. **Responsible**: Understand how decisions can affect others and make ethically informed choices. Appreciate and respect diversity. Act with integrity as part of local, national, global and professional communities.

eLearning Space

This subject has materials and activities available via eLearning. To access eLearning you must have a UOW user account name and password, and be enrolled in the subject. eLearning is accessed via SOLS (student online services). Log on to SOLS and then click on the eLearning link in the menu column. For information regarding the eLearning spaces please use the following link: http://uowblogs.com/moodlelab/files/2013/05/Moodle_StudentGuide-1petpo7.pdf

Lecture, Tutorial, Laboratory Times

Where relevant, students will be advised by the Subject Coordinator of any online classes or discussion forums that they need to part-take in.
Readings, References and Materials

Textbooks:
The following text(s) will need to be purchased by students enrolled in this class.

Nil

Prescribed Readings (includes eReadings):
The following references complement the prescribed readings and textbooks:


Materials:
Nil.

Recommended Readings:
Additional references that complement the prescribed readings and textbooks are available to students via the eLearning site for this subject.

Recommended readings are not intended as an exhaustive list, students should use the Library catalogue and databases to locate additional resources.

Recent Changes to this Subject

i. Delivery Method has changed from Flexible to Distance as this is an accurate listing for an online based subject.
ii. Added a textbook to recommended reading list as textbook is now available at the Library.

List of Topics Covered
The following are examples of the topics to be covered in this course. This is not an exhaustive list and will be subject to change.

- UNIT 1: Recovery Focussed Care
- UNIT 2: Mental Health Nursing Assessment, Assessment, Identifying Data, Psychiatric History, Mental Status Assessment, Social Assessment, Spiritual History
- UNIT 3: Legal and Ethical Issues in Mental Health, The Law and Mental Health, Mental Illness, Mental Disorder, Civil Rights
- UNIT 4: Anxiety and Eating Disorders
- UNIT 5: Personality Disorders
- UNIT 6: Schizophrenia and Other Psychotic Disorders
- UNIT 7: Mood Disorders, Depression, Mania, Bipolar Disorder
- UNIT 8: Suicide
- UNIT 9: Cultural considerations, Culture, Ethnicity and Mental Illness, Addressing Cultural Needs in Mental Health Care, Aboriginality and Mental Health Care
- UNIT 10: Cognitive Disorders, Sub-Groups of Cognitive Disorders
- UNIT 11: Child / Adolescent older persons Groups, Child / Adolescent Mental Health, Older persons in Australia, Older persons and mental illness
- UNIT 12: Dual Diagnosis
- UNIT 13: Treatment Modalities and the therapeutic alliance
Section B: Assessment

Assessment Summary

<table>
<thead>
<tr>
<th>Assessment Item</th>
<th>Form of Assessment</th>
<th>Due Date</th>
<th>Weighting</th>
</tr>
</thead>
<tbody>
<tr>
<td>Assessment 1</td>
<td>Audio Tape Interview and Written Critique</td>
<td>15/8/2014</td>
<td>30%</td>
</tr>
<tr>
<td>Assessment 2</td>
<td>Clinical Skills Assessment</td>
<td>27/10/2014</td>
<td>0% - Satisfactory/Non Satisfactory</td>
</tr>
<tr>
<td>Assessment 3</td>
<td>Written assignment on agreed topic</td>
<td>20/3/2015</td>
<td>20%</td>
</tr>
<tr>
<td>Assessment 4</td>
<td>Essay</td>
<td>5/6/2015</td>
<td>50%</td>
</tr>
<tr>
<td>Total Marks</td>
<td></td>
<td></td>
<td>100%</td>
</tr>
</tbody>
</table>

Details of Assessment Tasks

Specific details about each assessment and the explicit marking criteria used to assess them will be available in the eLearning space for this subject by the first day of session.

Assessment 1
- Audio Tape Interview and Written Critique
- Due date: 15/8/2014
- Weighting: 30%
- Submission: Submit a hardcopy of your assignment via post to SMAH Central
- Type of Collaboration: Individual Assessment
- Length: 1,500 Words
- Details: Specific details about this assessment task are available in eLearning
- Style and format: Report
- Marking Criteria: The marking criteria for this assessment task are available in eLearning (delete if not applicable eg. for quizzes or exams)

Assessment 2
- Clinical Assessment
- Due date: 27/10/2014
- Weighting: 0% - Satisfactory/Non Satisfactory
- Submission: Submit a hardcopy of your assignment via post to SMAH Central
- Type of Collaboration: Individual Assessment / Group Project
- Length: N/A
- Details: Specific details about this assessment task are available in eLearning
- Style and format: Clinical Exam
- Marking Criteria: The marking criteria for this assessment task are available in eLearning (delete if not applicable eg. for quizzes or exams)

Assessment 3
- Written assignment on agreed topic
- Due date: 20/3/2015
- Weighting: 20%
- Submission: Submit a hardcopy of your assignment via post to SMAH Central
- Type of Collaboration: Individual Assessment
- Length: 2,500 Words
- Details: Specific details about this assessment task are available in eLearning
- Style and format: Literature Review
- Marking Criteria: The marking criteria for this assessment task are available in eLearning (delete if not applicable eg. for quizzes or exams)
### Assessment 4

<table>
<thead>
<tr>
<th></th>
<th>Essay</th>
</tr>
</thead>
<tbody>
<tr>
<td>Due date</td>
<td>5/6/2015</td>
</tr>
<tr>
<td>Weighting</td>
<td>50%</td>
</tr>
<tr>
<td>Submission</td>
<td>Submit a hardcopy of your assignment via post to SMAH Central</td>
</tr>
<tr>
<td>Type of Collaboration</td>
<td>Individual Assessment</td>
</tr>
<tr>
<td>Length</td>
<td>2,500</td>
</tr>
<tr>
<td>Details</td>
<td>Specific details about this assessment task are available in eLearning</td>
</tr>
<tr>
<td>Style and format</td>
<td>Essay</td>
</tr>
<tr>
<td>Marking Criteria</td>
<td>The marking criteria for this assessment task are available in eLearning (delete if not applicable eg. for quizzes or exams)</td>
</tr>
</tbody>
</table>

### Minimum Requirements for a Pass in this Subject

To receive a clear pass in this subject a total mark of 50% or more must be achieved. In addition, failure to meet any of the minimum performance requirements is grounds for awarding a Technical Fail (TF) in the subject, even where total marks accumulated are greater than 50%.

The minimum performance requirements for this subject are:

- attempt all assessment tasks

### Minimum Student Attendance and Participation:

It is expected that students will allocate 12 hours per week to this subject, including any required class attendance, completion of prescribed readings and assessment tasks.

There are no scheduled classes for this subject. Students are expected to participate in online discussions and forums and engage with subject material within the eLearning space. Please contact your Subject Coordinator to clarify the expectations related to your participation.

### Scaling:

Scaling will not occur in this subject.

### Late Submission:

Late submission of an assessment task without an approved extension of the deadline is not acceptable. If you are unable to submit an assessment due to extenuating circumstances (e.g. medical grounds or compassionate grounds), you can make an application of academic consideration. Not all circumstances qualify for academic consideration. For further details about applying for academic consideration visit the Student Central webpage: [http://www.uow.edu.au/student/central/academicconsideration/index.html](http://www.uow.edu.au/student/central/academicconsideration/index.html)

### Late Submission Penalty:

Marks will be deducted for late submission at the rate of 5% of the total possible marks for that particular assessment task per day. This means that if a piece of work is marked out of 100, then the late penalty will be 5 marks per day (5% of 100 possible marks per day). The formula for calculating the late penalty is: the total possible marks x 0.05 x number of days late. For the purposes of this policy a weekend (Saturday and Sunday) will be regarded as two days.

For example:

- Student A submits an assignment which is marked out of 100. The assignment is submitted 7 days late. This means that a late penalty of 35 marks will apply (100 x 0.05 x 7). The assignment is marked as per normal out of 100 and is given a mark of 85/100, and then the late penalty is applied. The result is that the student receives a final mark of 50/100 for the assignment (85 (original mark) – 35 marks (late penalty) = 50/100 (final mark)).
• Student B submits a report which is marked out of 20. The report is submitted three days late. This means that a late penalty of 3 marks will apply ((20 x 0.05 x 3). The report is marked as per normal out of 20 and is given a mark of 17/20, and then the late penalty is applied. The result is that the student receives a final mark of 14/20 for the report (17 (original mark) – 3 marks (late penalty) = 14/20 (final mark)).

No marks will be awarded for work submitted either after the assessment has been returned to the students or more than two weeks after the due date, whichever is the sooner. This does not apply to situations where a particular assessment task is undertaken by students at different times throughout the session, but where the assessment is based on experiments or case studies specific to a student. In this case no marks will be awarded for work submitted more than two weeks after the due date.

Notwithstanding this, students must complete all assessment tasks to a satisfactory standard and submit them, regardless of lateness or loss of marks, where submission is a condition of satisfactorily completing the subject.

Supplementary Assessments
Supplementary assessment may be offered to students who apply for student academic consideration and can demonstrate suitable grounds in accordance with the Student Academic Consideration Policy. The precise form of supplementary assessment will be determined at the time the offer of a supplementary assessment is made.

Students can log on to SOLS and click on the link titled “Supplementary Assessment” to view any applicable offers or use the following link; http://www.uow.edu.au/student/exams/suppassess/index.html

System of Referencing Used for Written Work
The Author-Date (Harvard) referencing system should, unless otherwise specified for a particular assignment (check Details of Assessment Tasks), be utilised. A summary of the Harvard system can be accessed on the Library website at: http://public01.library.uow.edu.au/refcite/style-guides/html/

Use of Internet Sources
Students are able to use the Internet to access the most current information on relevant topics and information. Internet sources should only be used after careful critical analysis of the currency of the information, the role and standing of the sponsoring institution, reputation and credentials of the author, the clarity of the information and the extent to which the information can be supported or ratified by other authoritative sources.

Plagiarism
The full policy on Academic Integrity and Plagiarism is found in the Policy Directory on the UOW website.

"The University's Academic Integrity and Plagiarism Policy, Faculty Handbooks and subject guides clearly set out the University's expectation that students submit only their own original work for assessment and avoid plagiarising the work of others or cheating. Re-using any of your own work (either in part or in full) which you have submitted previously for assessment is not permitted without appropriate acknowledgement. Plagiarism can be detected and has led to students being expelled from the University.

The use by students of any website that provides access to essays or other assessment items (sometimes marketed as ‘resources’), is extremely unwise. Students who provide an assessment item (or provide access to an assessment item) to others, either directly or indirectly (for example by uploading an assessment item to a website) are considered by the university to be intentionally or recklessly helping other students to cheat. This is considered academic misconduct and students place themselves at risk of being expelled from the University."
Submission of Assignments

Assignments submitted at SMAH Central must have a SATS (Student Assignment Tracking System) coversheet attached to the front of the assignment. Instructions for generating a coversheet can be found on the SMAH Central web page: http://smah.uow.edu.au/current-students/UOW151958.html

For an assignment to be successfully submitted at SMAH Central please note the following:

- The coversheet must be signed and dated.
- The assignment must have the correct coversheet i.e. the correct subject code and tutorial group (if applicable).
- A legible barcode with all numbers and digits below e.g. UOW20121007656.
- Assignments must be submitted by 4:00pm on the due date.

If an assignment is submitted to SMAH Central without any of the above we will contact you through your student email address and advise that you need to return to SMAH Central with the correct coversheet. Your assignment won’t be considered submitted until the correct coversheet is attached. This might mean that your assignment is submitted late.

An email receipt will be issued on the same day as submission of assignments and students are required to retain this receipt until they have received the final mark for that assessment task. It is your responsibility to contact SMAH Central if you have not received this receipt by the following business day. The receipt is proof of submission of assignments and students will be required to produce this in the event that an assessment task is considered to be lost. Students are also expected to keep a copy of all their submitted assignments in the event that re-submission is required. SATS Group Assignment Coversheets are printed by the lead member of the group and subsequent names can be added in the SATS student interface before printing. All members of the group must sign the printed SATS Group Assignment Coversheet before submitting the assignment.

An email receipt will be issued on the same day as submission of assignments and students are required to retain this receipt until they have received the final mark for that assessment task. It is your responsibility to contact SMAH Central if you have not received this receipt by the following business day. The receipt is proof of submission of assignments and students will be required to produce this in the event that an assessment task is considered to be lost. Students are also expected to keep a copy of all their submitted assignments in the event that re-submission is required. SATS Group Assignment Coversheets are printed by the lead member of the group and subsequent names can be added in the SATS student interface before printing. All members of the group must sign the printed SATS Group Assignment Coversheet before submitting the assignment.

Note that if assignments are submitted in the after-hours slot at SMAH Central it will be scanned into SATS the following business day. Assignments submitted via post will be scanned into SATS on the day of delivery. Any assignments received without the correct assignment coversheet attached will not be accepted by SATS. It is the student’s responsibility to ensure that the correct assignment coversheet is submitted with their assignment.

Students may post their assignments to:

SMAH Central (41.152)
University of Wollongong
Wollongong NSW 2522

Assignments will be considered submitted on the date of postage. It is the student’s responsibility to ensure they have evidence of their submission date if it arrives at the office after due date.

Distance students who would like to have marked assignments returned must include a stamped self-addressed envelope with the posted assignment.

Assessment Return

Students will be notified by email when marked SATS assignments are available for collection from SMAH Central during business hours. Students will be required to present their student card when collecting marked assignments. Subject Coordinators/ Tutors may opt to hand marked assignments back to students in class or during their consultation hours. In accordance with University Policy marked assignments will usually only be held for 21 days after the declaration of marks for that assignment.

SMAH Central Business Hours & Location:
Monday – Friday
9:00 am to 4:30 pm
Building 41.152
Section C: General Advice

Students should refer to the Faculty of Science, Medicine and Health website for information on policies, learning and support services and other general advice.

University Policies

Students should be familiar with the following University policies:

a. Code of Practice – Teaching and Assessment

b. Student Charter

c. Code of Practice – Student Professional Experience, where relevant

d. Academic Integrity and Plagiarism Policy

e. Student Academic Consideration Policy

f. Course Progress Policy

g. Graduate Qualities Policy

h. Academic Grievance Policy (Coursework and Honours Students)

i. Policy and Guidelines on Non-Discriminatory Language Practice and Presentation

j. Workplace Health and Safety, where relevant

k. Children in the Workplace and Study Environment Policy

l. Intellectual Property Policy

Student Support Services and Facilities

Students can access information on student support services and facilities at the following link. This includes information on “Academic Support”, “Starting at University”, “Help at University” as well as information and support on “Career’s and Jobs”. http://www.uow.edu.au/student/services/index.html

Student Etiquette

Guidelines on the use of email to contact teaching staff, mobile phone use in class and information on the university guide to eLearning ‘Netiquette’ can be found at http://www.uow.edu.au/student/elearning/netiquette/index.html
## Version Control Table

<table>
<thead>
<tr>
<th>Version Control</th>
<th>Release Date</th>
<th>Author/Reviewer</th>
<th>Approved By</th>
<th>Amendment</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>20140707</td>
<td>Dr Susan Sumskis Subject Coordinator</td>
<td>Miss Emma Purdy ADE Nominee</td>
<td>Final GHMB989 Flexible Spring 2014 / Autumn 2015 Outline</td>
</tr>
</tbody>
</table>

Hardcopies of this document are considered uncontrolled please refer to UOW website or eLearning for the latest version.