School of Nursing

SNPG932: Recovery and The Lived Experience of Mental Illness

Subject Outline
Autumn, 2016
Flexible
Wollongong

Subject Information
Credit Points: 6
Pre-requisite(s): Nil
Co-requisite(s): Nil
Restrictions: Nil
Contact Hours: Online, no attendance requirements

Subject Contacts
Subject Coordinator/Lecturer

<table>
<thead>
<tr>
<th>Name</th>
<th>Dr Susan Sumskis</th>
</tr>
</thead>
<tbody>
<tr>
<td>Location</td>
<td>Wollongong, Building 41, Room 220</td>
</tr>
<tr>
<td>Telephone</td>
<td>61 2 4221 3470</td>
</tr>
<tr>
<td>Email</td>
<td><a href="mailto:sue_liersch@uow.edu.au">sue_liersch@uow.edu.au</a></td>
</tr>
<tr>
<td>Consultation mode and times</td>
<td>Email for appointment</td>
</tr>
</tbody>
</table>

Student Support and Advice
For general enquiries please contact the Student Centre:

Location: 41.152
Telephone: 61 2 4221 3492
Email: smah-students@uow.edu.au
Student Consultation and Communication

University staff receive many emails each day. In order to enable them to respond to your emails appropriately and in a timely fashion, students are asked to observe basic requirements of professional communication:

Please ensure that you include your full name and student number and identify your practical class or tutorial group in your email so that staff know who they are communicating with and can follow-up personally where appropriate.

Consider what the communication is about
- Is your question addressed elsewhere (e.g. in the subject outline or, on the eLearning site)?
- Is it something that is better discussed in person or by telephone? This may be the case if your query requires a lengthy response or a dialogue in order to address. If so, see consultation times above and/or schedule an appointment.
- Are you addressing your request to the most appropriate person?

Specific email subject title to enable easy identification of issue
- Identify the subject code of the subject you are enquiring about (as staff may be involved in more than one subject) put this in the email subject heading. Add a brief, specific query reference after the subject code where appropriate.

Professional courtesy
- Address the staff member appropriately by name (and formal title if you do not yet know them).
- Use full words (avoid ‘text-speak’ abbreviations), correct grammar and correct spelling.
- Be respectful and courteous.
- Allow 3 – 4 working days for a response before following up. If the matter is legitimately urgent, you may wish to try telephoning the staff member (and leaving a voicemail message if necessary) or inquiring at the School Office.
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Section A: General Information

Subject Learning Outcomes

On completion of this subject, students should be able to:

1. Evaluate recent developments in recovery and lived experience.
2. Critique research principles and methods applicable to recovery.
3. Reflect critically on recovery theory, accounts of lived experience and professional practice.
4. Critically analyse the impact of national mental health planning and policy on service delivery and professional practice.
5. Critique the application of knowledge and skills in professional nursing practice.

Subject Description

The concept of recovery has no consistent definition but rather is understood to be a construct of personal meaning. Recovery as experienced by people who live with mental illness needs to be understood by health professionals who aim to facilitate people’s recovery. This subject will analyse and synthesise complex information, problems, concepts and theories related to recovery. People’s accounts of a broad variety of experiences of living with a mental illness will also be examined to enable understanding for how this knowledge can be applied within nursing practice. Topics for analysis in this subject include; recovery, lived experience, peer-led interventions, resilience and flourishing.

eLearning Space

This subject has materials and activities available via eLearning. To access eLearning you must have a UOW user account name and password, and be enrolled in the subject. eLearning is accessed via SOLS (student online services). Log on to SOLS and then click on the eLearning link in the menu column. For information regarding the eLearning spaces please use the following link:
http://uowblogs.com/moodlelab/files/2013/05/Moodle_StudentGuide-1petpo7.pdf

Lecture, Tutorial, Laboratory Times

Dates for study days and weeks will be listed online. Check latest timetabling information on the ‘Current Student’ webpage on UOW website or log into SOLS to view your personal timetable prior to attending classes.

Timetable information can be accessed from

Key University Dates can be accessed from
Readings, References and Materials

Prescribed Textbooks
Nil

Prescribed Readings (includes eReadings)
A list of prescribed readings for this subject is available on the eLearning site for this subject. Students are not expected to purchase these. They are available to students through the library on the subject's eLearning site.

Materials
Nil.

Recommended Additional Readings
Additional references that complement the prescribed readings and textbooks are available to students via the eLearning site for this subject.

Recent Changes to this Subject
Nil

List of Topics Covered
The following are examples of the topics to be covered in this course. This is not an exhaustive list and will be subject to change.

- A lifetime of lived experience
  - Consumer generated life phases, achievements and challenges
- Recovery as a construct of personal meaning
- Self-management, resilience, flourishing
- Appreciation and appraisal of consumer generated evidence
- The peer movement and peer led interventions
- Lived experience of health services and health professionals
- Family and carer lived experience
  - Phases, achievements and challenges
- National and State mental health planning from a service user perspective

Consideration of the implications of this knowledge for nursing practice

A Timetable of Topics will be available from the eLearning site in week 1 of session.
Section B: Assessment

Assessment Summary

<table>
<thead>
<tr>
<th>Assessment Item</th>
<th>Form of Assessment</th>
<th>Due Date</th>
<th>Return/Feedback Due Dates</th>
<th>Weighting</th>
</tr>
</thead>
<tbody>
<tr>
<td>Assessment 1</td>
<td>Report</td>
<td>Thursday 14th April, 23:55 (Week 7)</td>
<td>Within 21 days of due date</td>
<td>40%</td>
</tr>
<tr>
<td>Assessment 2</td>
<td>Essay</td>
<td>Thursday 2nd June, 23:55 (Week 13)</td>
<td>Release of results</td>
<td>60%</td>
</tr>
</tbody>
</table>

Total Marks 100%

Details of Assessment Tasks

Specific details about each assessment and the explicit marking criteria used to assess them will be available in the eLearning space for this subject by the first day of session.

Assessment 1

| Due date | Thursday 14th April, 23:55 (Week 7) |
| Weighting | 40% |
| Submission | Submit an electronic copy of your assignment via upload to eLearning. Please refer to detailed information regarding submission of assignments on the subject’s eLearning site. |
| Type of Collaboration | Individual Assessment |
| Length | 2500 words |
| Details | Specific details about this assessment task are available in eLearning |
| Style and format | Report |
| Subject Learning Outcomes | 3, 5 |
| Marking Criteria | The marking criteria for this assessment task are available in eLearning |

Assessment 2

| Due date | Thursday 2nd June, 23:55 (Week 13) |
| Weighting | 60% |
| Submission | Submit an electronic copy of your assignment via upload to eLearning. Please refer to detailed information regarding submission of assignments on the subject’s eLearning site. |
| Type of Collaboration | Individual Assessment |
| Length | 3000 words |
| Details | Specific details about this assessment task are available in eLearning |
| Style and format | Essay |
| Subject Learning Outcomes | 1-5 |
| Marking Criteria | The marking criteria for this assessment task are available in eLearning |
Minimum Requirements for a Pass in this Subject
To receive a clear pass in this subject a total mark of 50% or more must be achieved. In addition, failure to meet any of the minimum performance requirements is grounds for awarding a Technical Fail (TF) in the subject, even where total marks accumulated are greater than 50%.

The minimum performance requirements for this subject are:

• attempt all assessment tasks

Minimum Student Attendance and Participation:
There are no scheduled classes for this subject. Students are expected to participate in online discussions and forums and engage with subject material within the eLearning space. Please contact your Subject Coordinator to clarify the expectations related to your participation.

Scaling:
Scaling will not occur in this subject.

Late Submission:
Late submission of an assessment task without an approved extension of the deadline is not acceptable. If you are unable to submit an assessment due to extenuating circumstances (e.g. medical grounds or compassionate grounds), you can make an application of academic consideration. Not all circumstances qualify for academic consideration. For further details about applying for academic consideration visit the Student Central webpage:

Late Submission Penalty:
Marks will be deducted for late submission at the rate of 5% of the total possible marks for that particular assessment task per day. This means that if a piece of work is marked out of 100, then the late penalty will be 5 marks per day (5% of 100 possible marks per day). The formula for calculating the late penalty is: the total possible marks x 0.05 x number of days late. For the purposes of this policy a weekend (Saturday and Sunday) will be regarded as two days.

For example:

• Student A submits an assignment which is marked out of 100. The assignment is submitted 7 days late. This means that a late penalty of 35 marks will apply (100 x 0.05 x 7). The assignment is marked as per normal out of 100 and is given a mark of 85/100, and then the late penalty is applied. The result is that the student receives a final mark of 50/100 for the assignment (85 (original mark) − 35 marks (late penalty) = 50/100 (final mark)).

• Student B submits a report which is marked out of 20. The report is submitted three days late. This means that a late penalty of 3 marks will apply (20 x 0.05 x 3). The report is marked as per normal out of 20 and is given a mark of 17/20, and then the late penalty is applied. The result is that the student receives a final mark of 14/20 for the report (17 (original mark) − 3 marks (late penalty) = 14/20 (final mark)).

No marks will be awarded for work submitted either after the assessment has been returned to the students or more than two weeks after the due date, whichever is the sooner. This does not apply to situations where a particular assessment task is undertaken by students at different times throughout the session, but where the assessment is based on experiments or case studies specific to a student. In this case no marks will be awarded for work submitted more than two weeks after the due date.

Notwithstanding this, students must complete all assessment tasks to a satisfactory standard and submit them, regardless of lateness or loss of marks, where submission is a condition of satisfactorily completing the subject.
System of Referencing Used for Written Work

The Author-Date (Harvard) referencing system should, unless otherwise specified for a particular assignment (check Details of Assessment Tasks), be utilised. A summary of the Harvard system can be accessed on the Library website at: http://public01.library.uow.edu.au/refcite/style-guides/html/

Use of Internet Sources

Students are able to use the Internet to access the most current information on relevant topics and information. Internet sources should only be used after careful critical analysis of the currency of the information, the role and standing of the sponsoring institution, reputation and credentials of the author, the clarity of the information and the extent to which the information can be supported or ratified by other authoritative sources.

Plagiarism

The full policy on Academic Integrity and Plagiarism is found in the Policy Directory on the UOW website.

"The University's Academic Integrity and Plagiarism Policy, Faculty Handbooks and subject guides clearly set out the University's expectation that students submit only their own original work for assessment and avoid plagiarising the work of others or cheating. Re-using any of your own work (either in part or in full) which you have submitted previously for assessment is not permitted without appropriate acknowledgement. Plagiarism can be detected and has led to students being expelled from the University.

The use by students of any website that provides access to essays or other assessment items (sometimes marketed as ‘resources’), is extremely unwise. Students who provide an assessment item (or provide access to an assessment item) to others, either directly or indirectly (for example by uploading an assessment item to a website) are considered by the university to be intentionally or recklessly helping other students to cheat. This is considered academic misconduct and students place themselves at risk of being expelled from the University."

Submission of Assignments

Assignments are to be submitted via drop box in the eLearning site.

Refer to the submission requirements under the details of the individual assessments. Students should ensure that they receive a receipt acknowledging submission. Students will be required to produce this in the event that an assessment task is considered to be lost. Students are also expected to keep a copy of all their submitted assignments in the event that re-submission is required.

Assessment Return

Once your assignment has been marked and your Subject Coordinator releases results for the assessment you will be able to access feedback on your assignment within the assessment submission page on the Moodle site for this subject. This will include feedback within the marking guide, feedback comments and feedback files (where applicable) that provide you with your markers feedback on your written work. You will receive an automated notification that your assignment results are available for download / review within Moodle.

You can access feedback on your marked assignment on the Assignment submission page, when marks and feedback have been released to students, please note that the Feedback section appears at the bottom of the page.

Your final mark in the assessment task will be posted within SOLS.
Section C: General Advice

Students should refer to the Faculty of Science, Medicine and Health website for information on policies, learning and support services and other general advice.

University Policies

Students should be familiar with the following University policies:

a. Code of Practice – Teaching and Assessment  

b. Student Charter  

c. Academic Integrity and Plagiarism Policy  

d. Student Academic Consideration Policy  

e. Course Progress Policy  

f. Graduate Qualities Policy  

g. Academic Complaints Policy (Coursework and Honours Students)  

h. Policy and Guidelines on Non-Discriminatory Language Practice and Presentation  

i. Children in the Workplace and Study Environment Policy  

j. Intellectual Property Policy  

Student Support Services and Facilities

Students can access information on student support services and facilities at the following link. This includes information on “Academic Support”, “Starting at University”, “Help at University” as well as information and support on “Career’s and Jobs”.  

Student Etiquette

Guidelines on the use of email to contact teaching staff, mobile phone use in class and information on the university guide to eLearning ‘Netiquette’ can be found at  

Version Control Table

<table>
<thead>
<tr>
<th>Version Control</th>
<th>Release Date</th>
<th>Author/Reviewer</th>
<th>Approved By</th>
<th>Amendment</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>20151207</td>
<td>Dr Susan Sumskis – Subject Coordinator</td>
<td>Mrs Sonia Losinno – ADE Nominee</td>
<td>Final SNPG932 Autumn 2016 Subject Outline</td>
</tr>
</tbody>
</table>